

# Menu Cycle

Sept. 9-15

**Available at all Meals**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
<b>Breakfast Menu</b>						
<u>Monday</u> Scrambled Eggs Cheesy Scrambled Eggs Hashbrowns French Toast Sausage Links	<u>Tuesday</u> Scrambled Eggs Fried Eggs Diced Potatoes Biscuits Sausage Patties	<u>Wednesday</u> Scrambled Eggs Sausage/Cheese Fritatas Hash Brown Casserole Omelette Ham	<u>Thursday</u> Scrambled Eggs Fried Eggs Diced Red Potatoes English Muffin Bacon	<u>Friday</u> Scrambled Eggs Vegetable Omelette Scramble Tater Tots Breakfast Burritos Spicy Sausage Links	<u>Saturday</u>	<u>Sunday</u>
<b>Lunch Menu</b>						
<u>Monday</u> Honey Mustard Chicken Cheese Tortellini Roasted Red Potatoes Brussel Sprouts Honey Glazed Carrots  SOUPS OF THE DAY:  ROTATIONS: French Frv Bar	<u>Tuesday</u> Fried Chicken Club Wraps Mac and Cheese Spiced Apples Sauteed Cabbage  SOUPS OF THE DAY:  ROTATIONS: Chicken Caesar Salads	<u>Wednesday</u> Carved Turkey Breast Cheeseburger Mac Wild Rice Green Beans Parmesan Tomatoes  SOUPS OF THE DAY: Creamy Tomato  ROTATIONS: Deluxe Grilled Cheese	<u>Thursday</u> Lemon Pepper Whitefish Buffalo/BBO Chicken Wings Potato Chips Steamed Broccoli Mixed Vegetables  SOUPS OF THE DAY:  ROTATIONS: Nachos	<u>Friday</u> Flatbread Pizza Cilantro Lime Chicken Brown Rice Pinto Beans Fried Zucchini Sticks  SOUPS OF THE DAY:  ROTATIONS: BLT Sandwiches	<u>Saturday</u> BRUNCH Breakfast Hash Fried Eggs Scrambled Eggs Biscuits Sausage Patties  Chef's Choice Entree Chicken Bacon Ranch Wraps Chef's Choice Vegetable	<u>Sunday</u> SOUP OF THE DAY: Chef's Choice  Chef's Choice Entree Savory Baked Chicken Rice Pilaf Chef's Choice Vegetable Chef's Choice Vegetable

**Monotony Breakers:**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
<b>Dinner Menu</b> Cheese Quesadillas Chili Frito Pie Cilantro Lime Rice Seasoned Black Beans Fajita Veggies	Cordon Bleu Casserole Baked Fish Couscous Medley Confetti Corn California Medley	Hamburgers Chicken Caprese Bake French Fries Baked Beans Cheesy Cauliflower	Cajun Baked Chicken Jambalaya Roasted Red Potatoes Fried Okra Zucchini & Tomatoes	Chicken Pattv Sandwiches Turkey A La King Baked Potatoes Germanv Blend Sauteed Spinach & Mushrooms	Chicken Pattv Sandwiches French Fries	