

Menu Cycle

Week 3 Menu | Aug. 26-Sep. 1

Available at all Meals

Monday **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday** **Sunday**

Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Scrambled Eggs Hard Boiled Eggs Veg/Potato Hash Chocolate Chip Pancakes Sausage Patties	Scrambled Eggs Fried Eggs Hashbrowns Monte Cristo Sandwiches Sausage Links	Scrambled Eggs Ham & Cheese Scrambled Eggs Diced Red Potatoes French Toast Sticks Spicy Sausage Links	Scrambled Eggs Fried Eggs Tater Tots English Muffin Bacon	Scrambled Eggs Vegetable Fritatas Fried Diced Potatoes Pancakes Corned Beef Hash		

Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Pepperjack Pork Loin Pasta Roll-Ups Brown Rice Basalmlc Mushrooms Kale & Chickpeas	Cajun Baked Whitefish Ham & Macaroni Roasted Red Potatoes Fried Okra Roasted Yellow Squash	Beef Strognoff Chicken Cacciatore Egg Noodles Green Beans Buttered Corn	Pork Lo-Mein Sesame Chicken Fried Rice Steamed Broccoli Bok Choy	BBQ Pulled Pork Shrimp Tacos French Fries Spiced Apples Roasted Root Vegetables	BRUNCH Sausage Breakfast Casserole Potatoes O'brian Scrambled Eggs Sliced Ham	SOUP OF THE DAY: Chef's Choice Chef's Choice Entree Chicken Dijonnaise Roasted Red Potatoes Chef's Choice Vegetable Chef's Choice Vegetable
SOUPS OF THE DAY:	SOUPS OF THE DAY:	SOUPS OF THE DAY: Creamy Tomato	SOUPS OF THE DAY:	SOUPS OF THE DAY:	Chicken Stir-Fry Chef's Choice Entree Chef's Choice Vegetable	
ROTATIONS: Veggies & Hummus/Dips	ROTATIONS: Stir-Fry Bar	ROTATIONS: Deluxe Grilled Cheese	ROTATIONS: Pasta Bar	ROTATIONS: Chicken Caesar Salads		

Monotony Breakers:

Dinner Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Baked Orzo Carved Roast Beef Au Gratin Potatoes Roasted Eggplant Sauteed Cabbage	Buffalo Chicken Bites BBO Pork Ouesadillas Sweet Potato Fries Roasted Cauliflower Sauteed Snap Peas	Pork Chops Chicken Alfredo Pasta Rice Pilaf Sauteed Spinach & Mushrooms Sesame Carrots	Carved Turkey Breast Vegetarian Pasta Bake Sweet Potato Hash Zucchini & Tomatoes Navy Beans	Chicken Parmesan Spaghetti & Meatballs Breadsticks Asparagus Ratatouille	Sloppy Joes French Fries	