

Menu Cycle

Week 4

Available at all Meals

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
4 Fresh Fruit Choices 5 Cold Cereal Choices Assorted Breads/Condiments						

Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Eggs to Order Scrambled Eggs Sausage & Egg Casserole Tri-Taters Sausage Patties MYO Omelets Diced Turkey Pastries Breakfast Breads	Eggs to Order Fried Eggs Chocolate Chip Pancakes Hot Syrup w/Marg Country Fried Ham Hash Browns MYO Omelets Sausage Crumbles Pastries Breakfast Breads	Eggs to Order Scrambled Eggs Belgian Waffles Hot Syrup w/Marg Sausage Links Tater Barrels MYO Omelets Diced Ham Pastries Breakfast Breads	Eggs to Order Hard Boiled Eggs Buttermilk Pancakes Hot Syrup w/Marg Bacon Hash Brown Casserole MYO Omelets Diced Turkey Pastries Breakfast Breads	Eggs to Order Scrambled Eggs Ham/Cheese English Muffins Hot Syrup w/Marg Sausage Patties Fried Potatoes with Onion/Pepper MYO Omelets Diced Bacon Pastries Breakfast Breads		

Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
SOUP OF THE DAY Tortilla Soup ENTREES Kielbasa Skillet Mushroom Chicken Wild Rice Glazed Baby Carrots Snow Peas ROTATION BAR French Fry Bar Deli Bar Salad Bar Dessert Bar Ice Cream	SOUP OF THE DAY Beef & Noodle Soup ENTREES Beef Ravioli w/ marinara Grilled Chicken Buttered Noodles Southern Style Green Beans Cauliflower ROTATION BAR Baked Potato Bar Deli Bar Salad Bar Dessert Bar Ice Cream	SOUP OF THE DAY Vegetable Soup ENTREES Sweet & Sour chicken Vegetable Fried Rice Egg Rolls Sauteed Snap Peas Stir-Fry Veggies ROTATION BAR Grilled Cheese Bar Deli Bar Salad Bar Dessert Bar Ice Cream	SOUP OF THE DAY Chicken Noodle Soup ENTREES PepperJack Pork Loin Baked Orzo Pasta Baked Potatoes Fried Pickles Sauteed Squash Medley ROTATION BAR Nacho Bar Deli Bar Salad Bar Dessert Bar Ice Cream	SOUP OF THE DAY Santa Fe Corn Chowder ENTREES Shrimp Fried Rice Country Fried Steak/Gravy Hushpuppies Baked Beans Seasoned Cut Corn ROTATION BAR Raw Vegetable & Dip Bar Deli Bar Salad Bar Dessert Bar Ice Cream	SOUP OF THE DAY Chefs Choice ENTREES Burgers Scrambled Eggs Bacon Breakfast Potatoes Grits Oatmeal	SOUP OF THE DAY Chefs Choice ENTREES Beef Stew Turkey Tetrizzini Dinner Rolls Chef's Choice Veg Chef's Choice Veg

Monotony Breakers:

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
ENTREES Bratwurst & Saurkraut Chicken Tenders Baked Potatoes Sesame Green Beans California Blend ROTATION BAR Deli Bar Salad Bar Dessert Bar	ENTREES Ham & Macaroni Beef & Noodles Mashed Potatoes/Gravy Broccoli Honey/Lime Sweet Potatoes ROTATION BAR Deli Bar Salad Bar Dessert Bar	ENTREES Carved Turkey Breast Pasta Primavera Mashed Potatoes & Turkey Gra Fried Zucchini Sticks Sauteed Spinach & Mushrooms Deli Bar Salad Bar Dessert Bar	ENTREES Chicken Monterey Tuna Noodle Casserole Roasted Reds Glazed Carrots Brussel Sprouts Deli Bar Salad Bar Dessert Bar	ENTREES Pasta Bar Rotini/Spaghetti Marinara/Alfredo Garlic Breadsticks California Blend Broccoli Deli Bar Salad Bar Dessert Bar	French Dip Sandwiches Deli Bar Salad Bar Desserts	