Menu Cycle

Week 3

Available at all Meals

Monday

4 Fresh Fruit Choices
5 Cold Cereal Choices
Assorted Breads/Condiments
Beverage Station

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Eggs to Order Scrambled Eggs Breakfast Burritos Fried Potatoes Ham & Cheese Casserole MYO Omelets Diced Ham Pastries Breakfast Breads	Scrambled Eggs Fried Eggs French Toast Sticks Hot Syrup w/Marg Sausage Patties Hash Browns MYO Omelets Diced Bacon Pastries Breakfast Breads	Eggs to Order Scrambled Eggs Banana Pancakes Hot Syrup w/Marg Ham & Cheese Biscuits Obrien Potatoes MYO Omelets Diced Turkey Pastries Breakfast Breads	Scrambled Eggs Hard Boiled Eggs French Toast Casserole Hot Syrup w/Marg Turkey Links Hash Brown Casserole MYO Omelets Sausage Crumbles Pastries Breakfast Breads	Eggs to Order Scrambled Eggs Pancakes Bacon Tater Barrels MYO Omelets Diced Ham Pastries Breakfast Breads		

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SOUP OF THE DAY Turkey Noodle Soup ENTREES Beef Enchilada Casserole Chili-Lime Chicken Cilantro Lime Rice Zucchini & Tomatoes Refried Beans ROTATION BAR Chicken Wraps Deli Bar Salad Bar Dessert Bar Ice Cream	SOUP OF THE DAY (CHILI) ENTREES Smoked Sausage & Cabbage Chicken Fried Chicken Mashed Potatoes/Gravy Southern Style Green Beans Fried Okra ROTATION BAR Nacho Bar Cheese Sauce Taco meat OR Chicken Deli Bar Salad Bar Dessert Bar Ice Cream	SOUP OF THE DAY Beef Vegetable ENTREES Honey Mustard Chicken Pesto Tortellini Roasted Red Potatoes Brussel Sprouts Grilled Squash ROTATION BAR Grilled Cheese Bar Cheese Sauce Chili Deli Bar Salad Bar Dessert Bar Ice Cream	SOUP OF THE DAY Chicken Tortilla Soup ENTREES Chicken Cacciatore Cajun Baked Fish Parsley New Potatoes Mixed Veggies Sauteed Spinach ROTATION BAR Pasta Bar Deli Bar Salad Bar Dessert Bar Ice Cream	SOUP OF THE DAY Tomato Vegetable Soup ENTREES Cheeseburger Macaroni Greek Chicken Rice Pilaf Broccoli Corn Nuggets ROTATION BAR Ice Cream Bar Marinara Sauce Alfredo Chicken Pasta Deli Bar Salad Bar Dessert Bar Ice Cream	SOUP OF THE DAY Chef's Choice ENTREES Chili Mac Scrambled Eggs Sausage Patties Biscuits Grits Oatmeal	SOUP OF THE DAY Chef's Choice ENTREES Carved Porkloin Warm BBQ sauce Dinner Rolls Chef's Choice Veg x2 Salad Bar Dessert Bar

Monotony Breakers:

Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ENTREES Sweet & Sour Pork Beef & Broccoli White Rice Stry fry Veggies Snap Peas Deli Bar Salad Bar Dessert Bar	ENTREES Carved Roast Beef Baked Penne Pasta Brown Rice Capri Blend Zucchini Sticks Deli Bar Salad Bar Dessert Bar	ENTREES Buffalo Chicken Bites Pulled Pork Quesadillas Sweet Potato Fries Germany Blend Corn Deli Bar Salad Bar Dessert Bar	ENTREES Pot Roast Chicken Alfredo Pasta Roasted Red Potatoes Broccoli/Cauliflower Mix Parmesan Tomatoes Deli Bar Salad Bar Dessert Bar	ENTREES Scrambled Eggs Sausage Patties Biscuits Fried Potatoes Pancakes Deli Bar Salad Bar Dessert Bar	Grilled Chicken Sandwiches Deli Bar Salad Bar Desserts	