Menu Cycle

Week 1

Available at all Meals

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4 Fresh Fruit Choices 5 Cold Cereal Choices Assorted Breads/Condiments						

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Eggs to Order Scrambled Eggs Pancakes Hot Syrup w/Marg Sausage/Cheese Eng. Muffin Hash Browns	Eggs to Order Fried Eggs French Toast Hot Syrup w/Marg Bacon Fried Potatoes	Eggs to Order Scrambled Eggs Breakfast Burritos Hot Syrup w/Marg Sausage Patties Tater Barrels	Eggs to Order Hard Boiled Eggs Belgian Waffles Hot Syrup w/Marg Biscuits & Sausage Gravy Hashbrown Patties	Eggs to Order Scrambled Eggs Biscuits & Gravy Hot Syrup w/Marg Sliced Ham Obrien Potatoes		
MYO Omelets Diced Ham Pastries Breakfast Breads	MYO Omelets Chorizo Sausage Pastries Breakfast Breads	MYO Omelets Diced Bacon Pastries Breakfast Breads	MYO Omelets Diced Imitation Crab Meat Pastries Breakfast Breads	MYO Omelets Sausage Crumbles Pastries Breakfast Breads		

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SOUP OF THE DAY (CHILI) Chicken Noodle Soup ENTREES BBQ Beef Sandwich Cheese Manicotti French Fries Sauteed Spinach & Mushrooms Sesame Baby Carrots ROTATION BAR Nacho Bar Deli Bar Salad Bar Desserts Ice Cream	SOUP OF THE DAY (CHILI) Broccoli Cheese Soup ENTREES Mac and Cheese Fried Chicken Mashed Potatoes/Gravy Southern Style Green Beans Cabbage ROTATION BAR Raw Vegetable & Dip Bar Deli Bar Salad Bar Desserts Ice Cream	SOUP OF THE DAY (CHILI) Vegetable Beef Soup ENTREES Beef Stroganoff Tomato Basil Chicken Buttered Egg Noodles Fried Okra Squash Medley ROTATION BAR Grilled Cheese Bar Deli Bar Salad Bar Desserts Ice Cream	SOUP OF THE DAY (CHILI) Beef & Barley Soup ENTREES Meatloaf Chicken Broccoli Pasta Mashed Potatoes & Gravy Confetti Corn Brussel Sprouts ROTATION BAR Baked Potato Bar Deli Bar Salad Bar Desserts Ice Cream	SOUP OF THE DAY (CHILI) Taco Soup ENTREES Beef Tacos Chicken Fajitas Spanish Rice Black Beans Mexican Corn ROTATION BAR Pasta Bar Deli Bar Salad Bar Desserts Ice Cream	SOUP OF THE DAY (CHILI) Chefs Choice ENTREES Buffalo Chicken Wrap Scrambled Eggs Hashbrowns Sausage Patties Grits Oatmeal Salad Bar Dessert Table	SOUP OF THE DAY Chefs Choice ENTREES Carved Turkey Breast Rosemary Baked Chicken Roasted B Reds Chef's Choice Veg x2 Salad Bar Dessert Table

Monotony Breakers:

Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ENTREES Baked Penne Pasta Pollock Vera Cruz Brown Rice Corn Broccoli	ENTREES Pork Chops Broccoli Cheese Rice Casserole Fried New Potatoes Capri Blend Zucchini Sticks	ENTREES Carved Pit Ham Chicken Pot Pie Roasted Red Potatoes Carrot Coins Spinach	ENTREES Lasagna Sweet & Sour Meatballs Garlic Breadsticks Mixed Vegetables Cauliflower w/ Cheese sauce	ENTREES Pizza Cheese Tortellini Garlic Breadsticks Parmesan Tomatoes Steamed Broccoli	Chicken Patty Sandwiches Deli Bar Salad Bar Desserts	
Deli Bar Salad Bar Desserts	Deli Bar Salad Bar Desserts	Deli Bar Salad Bar Desserts	Deli Bar Salad Bar Desserts	Deli Bar Salad Bar Desserts		