

Menu Cycle

Week 1

Available at all Meals

Monday
 4 Fresh Fruit Choices
 5 Cold Cereal Choices
 Assorted Breads/Condiments

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Breakfast Menu

Monday

Eggs to Order
 Scrambled Eggs
 Pancakes
 Hot Syrup w/Marg
 Sausage Links
 Hash Browns
 Oatmeal

Tuesday

Eggs to Order
 Scrambled Eggs
 French Toast
 Hot Syrup w/Marg
 Bacon
 Fried Potatoes
 Grits

Wednesday

Eggs to Order
 Scrambled Eggs
 Blueberry Pancakes
 Hot Syrup w/Marg
 Sausage Patties
 Tater Barrels
 Cream of Wheat

Thursday

Eggs to Order
 Scrambled Eggs
 French Toast Waffles
 Hot Syrup w/Marg
 Biscuits & Sausage Gravy
 Hashbrown Patties
 Apple Cinnamon Oatmeal

Friday

Eggs to Order
 Scrambled Eggs
 Stuffed French Toast
 Hot Syrup w/Marg
 Sliced Ham
 Obrien Potatoes
 Cheese Grits

Saturday

Sunday

MYO Omelets
 Diced Ham
 Pastries
 Breakfast Breads

MYO Omelets
 Chorizo Sausage
 Pastries
 Breakfast Breads

MYO Omelets
 Diced Bacon
 Pastries
 Breakfast Breads

MYO Omelets
 Diced Imitation Crab Meat
 Pastries
 Breakfast Breads

MYO Omelets
 Sausage Crumbles
 Pastries
 Breakfast Breads

Lunch Menu

Monday

SOUP OF THE DAY (CHILD)
 Chicken Noodle Soup
 ENTREES
 BBO Beef Sandwich
 Cheese Manicotti
 French Fries
 Sauteed Spinach & Mushrooms
 Sesame Baby Carrots
 ROTATION BAR
 Nacho Bar
 Deli Bar
 Salad Bar
 Desserts
 Ice Cream

Tuesday

SOUP OF THE DAY (CHILD)
 Broccoli Cheese Soup
 ENTREES
 Mac and Cheese
 Fried Chicken
 Mashed Potatoes/Gravy
 Southern Style Green Beans
 Cabbage
 ROTATION BAR
 Pasta Bar
 Deli Bar
 Salad Bar
 Desserts
 Ice Cream

Wednesday

SOUP OF THE DAY (CHILD)
 Vegetable Beef Soup
 ENTREES
 Beef Stroganoff
 Tomato Basil Chicken
 Buttered Egg Noodles
 Fried Okra
 Squash Medley
 ROTATION BAR
 Stir Fry-Bar
 Deli Bar
 Salad Bar
 Desserts
 Ice Cream

Thursday

SOUP OF THE DAY (CHILD)
 Beef & Barley Soup
 ENTREES
 Meatloaf
 Chicken Broccoli Pasta
 Mashed Potatoes & Gravy
 Confetti Corn
 Brussel Sprouts
 ROTATION BAR
 Raw Vegetable & Dip Bar
 Deli Bar
 Salad Bar
 Desserts
 Ice Cream

Friday

SOUP OF THE DAY (CHILD)
 Taco Soup
 ENTREES
 Beef Tacos
 Chicken Fajitas
 Spanish Rice
 Black Beans
 Mexican Corn
 ROTATION BAR
 Baked Potato Bar
 Deli Bar
 Salad Bar
 Desserts
 Ice Cream

Saturday

SOUP OF THE DAY (CHILD)
 Chefs Choice
 ENTREES
 Buffalo Chicken Wrap
 Scrambled Eggs
 Hashbrowns
 Sausage Patties
 Grits
 Oatmeal
 Salad Bar
 Dessert Table

Sunday

SOUP OF THE DAY
 Chefs Choice
 ENTREES
 Carved Turkey Breast
 Rosemary Baked Chicken
 Roasted B Reds
 Chef's Choice Veg x2
 Salad Bar
 Dessert Table

Monotony Breakers:

Dinner Menu

Monday

ENTREES
 Baked Penne Pasta
 Pollock Vera Cruz
 Brown Rice
 Corn
 Broccoli
 Deli Bar
 Salad Bar
 Desserts

Tuesday

ENTREES
 Pork Chops
 Broccoli Cheese Rice Casserole
 Fried New Potatoes
 Capri Blend
 Zucchini Sticks
 Deli Bar
 Salad Bar
 Desserts

Wednesday

ENTREES
 Carved Pit Ham
 Chicken Pot Pie
 Roasted Red Potatoes
 Carrot Coins
 Spinach
 Deli Bar
 Salad Bar
 Desserts

Thursday

ENTREES
 Lasagna
 Sweet & Sour Meatballs
 Garlic Breadsticks
 Mixed Vegetables
 Cauliflower w/ Cheese sauce
 Deli Bar
 Salad Bar
 Desserts

Friday

ENTREES
 Pizza
 Cheese Tortellini
 Garlic Breadsticks
 Parmesan Tomatoes
 Steamed Broccoli
 Deli Bar
 Salad Bar
 Desserts

Saturday

Chicken Pattv Sandwiches
 Deli Bar
 Salad Bar
 Desserts

Sunday